

## PRIVATE TOUR – PORTUGUESE WINE & GASTRONOMY 10 DAYS / 9 NIGHTS



*Experience the Portuguese lifestyle in his best with stops that includes Lisbon, Sintra, Oporto, Douro valley and Alentejo region visiting UNESCO World Heritage Sites, Port wine cellars with wine tastings, restaurants with the best Portuguese traditional gastronomy that Portugal has to offer, lunches in fishing villages, city markets and traditional Portuguese food.*

### ITINERARY

#### **DAY 1 LISBON (D)**

Your tour guide will meet you at Lisbon airport and take you on a tour to the famous neighbourhood of Belem where you have the possibility to taste the unique custard tart of Portugal: 'Pastel de Belem'. You will also have the chance to see both heritage sites monuments, the Jeronimos monastery and the Tower of Belem. You'll only feel you arrived in Portugal after you hear "Fado" songs. Have dinner at a famous Fado house and enjoy a grilled cod fish with smashed potatoes and olive oil in the oven while you listen to the beautiful Fado music.

**Accommodation: Lisbon – 5\* Hotel Porto Bay Liberdade for 2 nights**

**DAY 2 SINTRA – CABO DA ROCA AND CASCAIS + SUNSET SAILING TOUR (B/L)**

Visit the charming village of Sintra, located in a Natural Park with castle, Palaces and grand mansions used as summer houses by the Portuguese royalty. It is a UNESCO World Heritage Site and owing to its beauty is one of the most visited sites in Portugal.



- **Sintra Pena Palace:** A summer palace constructed in the 19<sup>th</sup> century by King consort Ferdinand II of Portugal. He turned a 16<sup>th</sup> century monastery ruin into one of the most eclectic palaces in Europe by blending different types of Gothic, Egyptian, Moorish and Renaissance elements to it. Around the palace he created a park where he planted different exotic species of trees from all over the world. An astonishing fairy tale palace located on one of the highest peaks of the Sintra mountain range.
- **Sintra local products and handicrafts:** Visit the historic centre and go inside small shops and bakeries that sell local products and handicrafts.
- **Colares:** The wine region of Colares was defined in 1908, becoming the second oldest demarcated region in the country. In 1865 the arrival of the phylloxera in Portugal damaged most of the country's vineyards. In Colares, the sandy soil vines due to the depth of the roots did not allow the propagation of the insect and the vines were not damaged as it did in other types of soils. You'll have the opportunity to taste this unique wine.
- **Cabo da Roca:** It is located on a large cliff with more than 140 meters height. Considered the most western point of continental Europe with an amazing view to the Atlantic Ocean.
- **Guincho beach:** Considered one of the most beautiful beaches of the region of Lisbon was the place of a James Bond movie: 'On Her Majesty's Secret Service'.
- **Lunch:** Visit a local fishing restaurant and taste a grilled fresh fish with a cold bottle of Vinho Verde (unripe wine).
- **Sunset Sailing Tour:** At the end of your tour, you will enjoy the sunset and the beautiful city of Lisbon while you sail on the river Tagus. During the tour, you will get to know Lisbon from a different perspective.

**DAY 3 LOURINHA – NAZARE – AVEIRO (B/L)**

This Western Portugal day tour will offer you an unforgettable experience. Discover the typical crafts, the rich gastronomy, the traditions, the aromas, and flavours in a unique atmosphere that characterises this region.

- **Lourinhã:** Lourinhã is one of the three demarcated regions of grape brandy in the world alongside with the French Cognac and Armagnac. You'll taste the so called 'Aguardente' that is so popular in Portugal and in the world.
- **Nazaré:** Nazaré is a seaside resort with its own genuine charm.
- **Lunch:** In the village of Nazaré, taste a grilled octopus with olive oil, garlic and smash potatoes on the side. A dish that you'll never forget.
- **Aveiro:** Considered the Venice of Portugal, here you will take a boat trip through the city's canals.

**Accommodation: Porto – 5\* Hotel Pestana Vintage Porto for 4 nights**

**EXOTIK JOURNEYS**

**DAY 4 PORTO (B/L)**

During this Porto city tour, we will discover the history and charm of the city.



➤ **Dom Luis metal bridge:** Designed by Théophile Seyrig, a disciple of Gustave Eiffel, the bridge was inaugurated in 1886 and connects Porto to Vila Nova de Gaia, on the other side of the Douro River.

➤ **Port's wine cellars:** Porto's wine is internationally acclaimed for its quality and although it is produced in the Douro Valley, the cellars

are located in Porto. Have a taste of this amazing and worldwide known Porto's wine.

- **Cruise at the Douro's River:** Enjoy the fantastic landscapes on board of a typical local boat called 'Rabelo'.
- **São Bento train station:** The railway station of Porto built in the 20th century is the most beautiful in the country. It has a glass and iron structure and it's decorated with twenty thousand tiles that illustrate the evolution of the transportation and important events of Portuguese history and life style.
- **Church and Tower of the Clerics:** Considered to be the city's symbol, this 18th century baroque church was designed by the Italian architect Nicolau Nasoni.
- **São Francisco Church:** The Church of St. Francis was classified as a National Monument and UNESCO World Heritage because of its extraordinary decoration in gilt wood carvings.
- **Porto's Cathedral:** The Cathedral of the city of Porto, located in the heart of the historical centre is one of the main and oldest monuments of Portugal.
- **Bolsa Palace:** Located in central Porto was built in 1834 in a neo classical style constructed by the Commerce Association of Porto.
- **Lunch:** The "Francesinha" in Porto it's the must eat dish! Go to a local restaurant that is famous for cooking the best Francesinha in Portugal.

**DAY 5 DOURO VALLEY (B/L)**

Explore one of the most beautiful regions of Portugal: The Douro Valley, classified as a World Heritage Site by UNESCO. Do a panoramic tour and see breath-taking landscapes of vineyards planted on the mountain slopes, visit local wineries and taste the famous Douro wine.



- **Village of Pinhão:** At Pinhão you will visit the railway station to see the famous 24 tile panels with landscapes of the Douro Region.
- **Lunch:** There's nothing better than having lunch in a local winery surrounded by vineyards and with the Douro valley as background.

**DAY 6 ALTO MINHO REGION (B/L)**

A unique tour that highlights the charms of the Alto Minho region. Along the day you'll visit the historic centres of Valença, Monção and Melgaço and family run wineries with beautiful vineyards and ancient cellars.

- **Green wine:** Green wines are produced in the largest demarcated region of Portugal. It's a young fresh wine, perfect for hot summer days.
- **Valença:** Discover this beautiful hilltop town by the river Minho. Visit its fortress and enjoy the fantastic views of the River Minho.

**EXOTIK JOURNEYS**

- **Monção:** Village known for its wine, customs, and traditions. It's a fortified small village on top of a hill with a peaceful atmosphere. Walk around the town's medieval centre and enjoy the feeling of being in a Portuguese small village.
- **Melgaço:** Surrounded by vineyards and the mountains of Peneda-Gerês National Park, its setting is stunning.
- **Lunch:** Visit a local family run winery and enjoy a delicious meal, prepared specially for you, paired with their famous 'Vinho Verde' (green wine).



**DAY 7 COIMBRA – TOMAR (B/L)**

Discover two of the most famous UNESCO World Heritage Sites, in Portugal: Coimbra and Tomar.

- **Coimbra:** Known as the city of the students, offers centuries of culture and history. Here you can visit the oldest university in Europe and its world-famous library and a pleasant walk in the city centre.

- **Lunch:** The Bairrada region is famous for its sparkling

wines which are very popular among the locals, especially if they are eating the traditional dish: roasted suckling pig with such tender meat and its crispy skin becomes one of the most requested dishes by the locals and Portugal in general. Served with French fries and a salad! After lunch you'll visit the oldest winery of the region.

- **Tomar:** Walk around the historic centre of Tomar and visit the churches of 'São João Baptista' and of 'Santa Maria do Olival' and the ancient 15th Century Jewish synagogue.
- **Convent of Christ:** After the extinction of the Knights Templars in 1312, King Dinis creates a new religious militia the Military Order of Our Lord Jesus Christ, claiming the need to defend Portugal from Islam. The headquarters of the Order of Christ is set up in the former Knights Templars headquarters in 1357 where it will remain for centuries. Regarded as one of the greatest monastic complexes in Europe, it was classified by UNESCO as a World Heritage Site in 1983. Inside we can see the Charola, the Knights round temple, the unique western window designed in Portuguese late gothic style and the main cloister, a masterpiece of Renaissance architecture.

**Accommodation: Tomar – 4\* Hotel dos Templários for 1 night**

**DAY 8 MARVAO, ELVAS AND VILA VICOSA (B/L)**

- **Marvão:** Marvão is considered one of the most spectacular walled villages in the country. Set up on the very top of the Serra de São Mamede Mountains, it offers splendid views of the region.
- **Elvas:** Classified as a World Heritage Site by UNESCO. Elvas houses the World's largest collection of bulwark fortifications and other military buildings as well as churches and monasteries of unique beauty.
- **Vila Viçosa:** Surrounded by natural beauty, this hidden gem is full of history and cultural interest. Vila Viçosa and the Royal Palace has a significant history importance for Portugal. The royal palace was for many centuries the seat of *House of Braganza*. One of the most important noble houses in Portugal, it was the ruling house of the Kingdom of Portugal from 1640 until 1910, when King Manuel II, titular head of the family, was deposed in the 5 October 1910 Revolution, bringing about a Republican government.
- **Lunch:** Alentejo region is famous for its black Iberian pig. This free-range pig is on an acorn diet, so its meat is full of flavour, succulent and delicious.

**Accommodation: Évora – 5\* Hotel Convento do Espinheiro for 1 night**



### DAY 9 EVORA – MONSARAZ (B/L)

Évora, the Capital of Alto Alentejo (one of the Portuguese Regions) and classified by UNESCO as a World Heritage Site since 1986.

➤ **San Francisco's Church:** The Convent of St. Francis in Évora was the first house of the Franciscan Order in Portugal and was founded in the 12th century. The Church of the convent was remodelled at the end of the 15th century, between the years of 1480 and 1510, being an example of Gothic-Manueline architecture. It is related to

the events that marked the period of maritime expansion and is one of the most beautiful churches in Portugal.

- **Bones Chapel:** Built in the 17th century by the initiative of three Franciscan friars in order to convey the message of the transience and fragility of human life. At the entrance, the warning: "We bones here laid, for yours we wait". The walls and the eight pillars of the church are covered with about 5,000 human skulls and countless bones from the city's cemeteries.
- **Évora's Roman Temple:** The Roman Temple of Évora was built in the early 1st century and is located in the historic city centre, classified as a World Heritage Site by UNESCO, in 1986, is one of the most famous landmarks of the city and a symbol of the Roman presence in Portuguese territory.
- **Évora's Cathedral:** Better known as Sé de Évora, it's the largest medieval cathedral in Portugal. Its construction began in 1186 and consecrated in 1204, was completed later on, in 1250. It is a fascinating monument in granite that marks the transition from the Romanesque style to the Gothic style.
- **Local vineyard and winery:** Get to know more about the wine production with a guided tour in a local winery. You'll learn more about the daily life of a winery and at the end have a wine tasting with local 'tapas' such as cheese, sausage, olives and bread.
- **Store and cork factory:** Cork is a plant material, 100% natural, from the bark of the cork oak. It can be extracted every 9 years and has several uses such as floor coverings, musical instruments, decoration and clothing. Considered the most important industry in Portugal, with an area of 730 thousand hectares of cork oak, it is responsible for more than 50% of the world cork production.
- **S. Pedro do Corval:** It is an Alentejo small village widely known for its handmade pottery. With about 35 pottery factories São Pedro do Corval is known as the Capital of Pottery (it's the Portuguese largest pottery centre).
- **Monsaraz:** A medieval village conquered by the Moors in the 12th century. It played, over the years, a very important role in monitoring the Guadiana River, after the border with Spain. The beauty and state of conservation of the village of Monsaraz are impressive, making it a museum village, unique in the region. From the top of the castle walls, built by D. Dinis in the 14th century and classified as National Monument, we can see the whole village with houses painted white and slate roofs and the Alqueva dam.
- **Lunch:** With so many different food options, Portugal has always a little something for everyone. You'll go to a local restaurant that will serve you our best Portuguese 'tapas' to taste different Portuguese dishes.

**Accommodation: Lisbon – 5\* Hotel Porto Bay Liberdade for 1 night**

### DAY 10 LISBON

Transfer to Lisbon's airport or extend your stay in Lisboa (extension not included).

*Note: Each day tour is designed to last approximately 8 hours (hotel-tour-hotel)*

## INCLUSIONS

- Private transportation in a luxury Mercedes vehicle, according itinerary, including free Wifi and bottled water.
- Specialized English-speaking guide/driver.
- 9 nights including daily buffet breakfast at the Hotels mentioned or similar in standard room.
- 18 meals and some product tasting, as per itinerary (9 breakfasts, 1 dinner and 8 lunches as mentioned in the tour, including ½ bottle of wine or 2 beers or 2 soft drinks per person).
- Entrance and guided visit to the Jerónimos Monastery church in Belém; Entrance and guided visit to Sintra Pena Palace; Entrance and guided visit to the University of Coimbra and library; Entrance fee and guided visit to Convent of Christ; Entrance to the Bones chapel / Évora.
- Lisboa sunset sailing tour (2 hours).
- Visit and wine tasting at a local winery at Colares; Visit and wine tasting at a local winery at Lourinhã; Visit and wine tasting at a local Oporto lodge; Visit and wine tasting at a local winery at Douro Valley; Visit and wine tasting at a local winery at Alto Minho region; Visit and wine tasting at a local winery at Bairrada; Visit and wine tasting to a local winery at Alentejo.
- Boat trip in Aveiro; Boat trip on the Douro's River (about 50 minutes).

**Not included:** Flights, hotel portrages, travel insurances, meals not indicated, Lisbon city taxes (2 Euros per person/night) and Porto (2 Euros per person/night) – to be paid locally at destination (other cities might apply city tax without previous notice and the ones mentioned here can change without prior notice), all items not mentioned under 'Inclusions'.

HOTEL OPTIONS OR SIMILAR	
Lisbon	Hotel Porto Bay Liberdade 5*
Porto	Hotel Pestana Vintage Porto 5*
Tomar	Hotel dos Templarios 4*
Evora	Convento do Espinheiro 5*

RATES PER PERSON IN \$CAD, IN DOUBLE OCCUPANCY			
Price per person in CAD \$	01 Nov 2021 – 10 Jan 2022**	11 Jan – 31 Mar 2022**	01 Apr – 31 Oct 2022**
Min. of 2 people sharing twin room	\$6,789	\$5,779	\$7,155
Min. of 4 people sharing twin Room	\$4,930	\$4,289	\$5,305
Min. of 6 people sharing twin Room	\$4,385	\$3,835	\$4,750

*\*The prices indicated exclude the contribution to the Customer Compensation Fund of \$3.50 per \$1,000 of tourism product or service purchased from a travel agent in Quebec.*

\*\*24 Dec. 21 – 02 Jan. 2022 and Easter 31 Mar. – 04 Apr. 2022, prices on request.

\*\*\*Prices in this document are for information only; they were issued at press time, for the current year. Please note that due to exchange rates and temporary promotions, they can increase or decrease at any time. Contact your travel agent for the price and promotion of the moment.



**Terms and conditions on the land portion for the previous programs:**

Deposit on the land portion: \$200 per person, non-refundable.

*These deposits do not include insurance. For all bookings made less than 20 days before departure, payment by credit card is required.*

Final payment: 50 days prior to departure

**Important Note:** Additional deposits may be required by some land services which are over and above the Exotik deposit requirements. Clients will be notified at time of booking.

**Cancellation Policy**

-For cancellations at least 26 days prior arrival: NO PENALTY – full refund on Land

-For cancellations from 25 to 11 days prior arrival: 50% penalty of package price per person

-For cancellations from 10 to 04 days prior arrival: 75% penalty of package price per person

-For cancellations from 72 hours till arrival day: 100% penalty of package price per person

-Trip interruption: 100% penalty of package price per person

**NOTES**

Don't forget to book travel insurance for your clients and verify the terms, conditions, limitations, exclusions and requirements of their insurance policy before they leave Canada. Also please verify travel restrictions, local safety and security conditions, entry and exit requirements, quarantines, curfew etc. Visit <https://travel.gc.ca/travelling/advisories> for further details on the destination you are traveling to.

***All Exotik suppliers will fully respect their own country strict Covid-19 safety measures and regulations at time of travel in order for the passengers to stay as safe as possible.***

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